



## 2025 Nominating Committee

Nomination submission for:

Nominating Committee (two positions)

### Nominee Identification Information

Name

Please list your credentials, i.e., MD, MPH, PhD, etc.

How Many Years Have You Been an AAPM Member?

How long have you held your current volunteer position?

What is your total experience in the field of pain medicine?

### Employment & Practice Information

Type of Organization (select one)

Organization

1. In what areas of Pain Medicine do you practice?

2. Indicate your specialty of origin.

**3. Indicate your percentage of time practicing Pain Medicine & specialty of origin.**

Pain Medicine: 60

Specialty of Origin: 40

## AAPM Strategy



The above image is a diagram of AAPM's current strategic plan. The following three nomination questions will refer to the above image.

**1. The Academy has focused on Convene, Educate Providers, Research, and Access Advocacy. The Board of Directors leads our strategic planning and formation of annual strategic objectives. Based on the above plan, your professional experiences, and experiences with the Academy, what suggestions would you make to move the Academy forward? Please keep comments to 300 - 500 words.**

To help the Academy move forward, I would suggest focusing on initiatives that build upon its core strengths while addressing current trends and challenges in pain management and healthcare.

**1. Enhance Multidisciplinary Collaboration**

Collaboration across specialties is increasingly important as pain management becomes more complex. The Academy is well-positioned to promote stronger partnerships among pain specialists, emergency medicine providers, primary care doctors, mental health professionals, and others involved in treating pain. Increasing opportunities for interdisciplinary panels, workshops, and networking at the annual conference could strengthen these ties. Expanding virtual events and regional meetings would also foster ongoing exchange of ideas and best practices among professionals, leading to more cohesive, patient-centered care.

**2. Innovate Provider Education with Flexible Learning Tools**

To keep pace with the rapidly changing field of pain management, the Academy should continue to innovate in educating providers. One area of focus could be developing more flexible, technology-enhanced learning options. Interactive webinars, virtual simulations, and on-demand modules tailored to specific specialties or experience levels would help practitioners stay up-to-date on new treatments and guidelines. It would also be useful to expand education on digital health tools, telemedicine, and personalized pain treatments to ensure providers are well-equipped for the future of care.

**3. Strengthen Research Initiatives and Focus on Real-World Data**

The Academy has a key role in advancing pain research, and it could build on this by encouraging more collaborative studies across multiple institutions. Facilitating partnerships for large-scale trials, especially those that examine real-world outcomes, would ensure that research reflects the diverse needs of patients. Encouraging members to participate in national pain registries and data-sharing initiatives could also accelerate the development of evidence-based guidelines, improving care on a broad scale.

**4. Advocate for Broader Access and Equity in Care**

Ensuring equitable access to pain management should remain a top priority. The Academy can amplify its advocacy efforts by working closely with policymakers and patient advocacy groups to drive changes that reduce disparities in care. Ensuring that underserved communities have access to a full range of pain management services, including mental health and non-pharmacological treatments, will help address both the physical and emotional burden of chronic pain. Advocacy for broader insurance coverage of

these treatments would also be essential.

### Conclusion

By expanding collaboration, enhancing education, promoting data-driven research, and continuing to push for equitable access, the Academy can position itself as a leader in the evolving field of pain management. Emphasizing innovation and inclusivity will allow it to remain a vital resource for providers and patients alike.

## 2. What is your professional vision for the future of Pain Medicine?

The future of pain medicine will focus on integrated, patient-centered care that addresses both physical and emotional aspects of pain. Multidisciplinary teams, combining specialists from various fields, will work together to provide comprehensive treatment plans. Personalized medicine, driven by advances in genomics, will allow for more targeted and effective approaches to pain management.

Technology will play a key role, with smart devices and AI-driven tools helping to monitor patients in real time and guide treatment decisions. Expanding non-opioid pharmacotherapies, such as novel analgesics and biologics, alongside interventional therapies like neuromodulation and regenerative medicine, will offer more effective and safer options for managing pain.

Non-pharmacological approaches, such as cognitive-behavioral interventions, will continue to complement these treatments. Ultimately, the focus on innovation, patient education, and personalized care will lead to more sustainable, long-term solutions for managing pain.

## 3. Why would you like to serve on the AAPM Board of Directors? (30-50 word limit)

I would like to serve on the AAPM Board of Directors to contribute to advancing pain medicine through innovative, patient-centered care. With my expertise in both emergency and pain medicine, I'm committed to driving initiatives that improve clinical practices, promote education, and enhance access to effective pain management solutions.

## Qualifications to Serve on the AAPM Board of Directors

### 1. How has AAPM Membership brought value to your career?

Being a member of AAPM has brought tremendous value to my career by providing a platform to showcase how emergency medicine can positively influence pain management. It has allowed me to network with other thought leaders, exchange innovative ideas, and collaborate on initiatives that advance the field of pain medicine.

### 2. List significant leadership commitment and involvement within the field of Pain Medicine.

Organization	Type	Leadership Position	Duration
AAPM	Precon Chair	Founder/Chair	2 years
AAPM	EM SIG Chair	Founder/Chair	2 years

### 3. After reviewing the AAPM Strategic Plan, what abilities and attributes will you bring to the Board of Directors' strategic deliberations?

I will bring several key values to the AAPM strategic deliberations, including a strong commitment to patient-centered care, a focus on integrating emergency medicine with pain management, and a dedication to promoting multidisciplinary collaboration. I value innovation, particularly in expanding non-opioid therapies and personalized treatment strategies, and will advocate for data-driven approaches to improve outcomes. My experience in education and leadership will also contribute to fostering growth within the organization and enhancing the development of future pain management professionals.

**4. Describe one transformational/defining experience in your professional life you have been involved with and what you learned from the experience.**

A transformative experience in my career involved a patient referred for rib pain with a chest X-ray showing a rib fracture. The patient explained that she had fractured her rib while reaching for a towel, which seemed like a benign mechanism for such an injury. Upon further examination, I noticed slightly elevated creatinine and low hemoglobin, which raised my concern. I frequently order additional labs or imaging, even though it often makes my patient encounters longer and more complex, and results are frequently negative. However, in this case, I ordered a CT chest and communicated my concerns to her primary care physician. The CT revealed lesions indicative of multiple myeloma. Recently, I learned that the patient had received a bone marrow transplant.

This experience was defining because it reinforced the importance of following my clinical instincts and being thorough in my assessments. While many of these evaluations come back negative, cases like this motivate me to continue providing thoughtful and conscientious care.

**5. Is there anything else you would like the AAPM Nominating Committee to know about you that has not been stated previously?**

In addition to my professional experience, I want AAPM to know that I value maintaining a healthy work-life balance. I have two cute little redheads who keep me on my toes, and I enjoy staying active in my free time. Whether it's spending time outdoors with my family or engaging in activities that help me recharge, staying active is important to my overall well-being and helps me bring fresh energy to my work in pain medicine.

I hereby give permission to the AAPM Nominating Committee to contact me, print my Candidate Nomination Profile and Statement, and consider me for nomination to the AAPM Board of Directors on the official AAPM 2025-2026 Election Ballot.

By signing below, I confirm that I have read the AAPM Board of Directors expectations and duties on the 2025 Call for Board Nominations page on [painmed.org](http://painmed.org).

**Signature**

