



## 2025 Board of Directors Nomination

Nomination submission for:

Director-at-Large (two positions)

### Nominee Identification Information

Name Lynn SKohan

Please list your credentials, i.e., MD, MPH, PhD, etc. MD, MS

How Many Years Have You Been an AAPM Member? 10

How long have you held your current volunteer position? 3

What is your total experience in the field of pain medicine? 15

### Employment & Practice Information

Type of Organization (select one) Academic

Organization University of Virginia

1. In what areas of Pain Medicine do you practice? Pain Medicine Interventional

2. Indicate your specialty of origin. Anesthesiology

3. Indicate your percentage of time practicing Pain Medicine & specialty of origin. Pain Medicine: 100% Specialty of Origin:

4. Employment Experience: Please provide a 30- to 50-word summary of your work experience. (If you are retired, please describe the work that you did during the time you were employed.)

I provide clinical care in both the inpatient and outpatient settings taking care of patients with acute and

chronic pain. This includes clinic, procedures, as well as surgical treatments.

## AAPM Strategy



The above image is a diagram of AAPM's current strategic plan. The following three nomination questions will refer to the above image.

**1. The Academy has focused on Convene, Educate Providers, Research, and Access Advocacy. The Board of Directors leads our strategic planning and formation of annual strategic objectives. Based on the above plan, your professional experiences, and experiences with the Academy, what suggestions would you make to move the Academy forward? Please keep comments to 300 - 500 words.**

We have many missions within the academy. Education has been highlighted in our discussions as one of the top priorities. We have a talented group of volunteers who are willing to dedicate time to produce resources to educate clinicians as well as provide education to our patients. We should continue to develop these resources. AAPM has also been doing a great job in the realm of advocacy. Collaborating with other societies to have a greater voice in promoting multimodal therapies for our patients is an essential task. Furthermore, AAPM is starting to grow its involvement in guidelines. Production of high quality guideline work should be an essential focus. We should also strive to highlight the strengths of AAPM as a multidisciplinary society.

**2. What is your professional vision for the future of Pain Medicine?**

As noted below, the field of Pain Medicine is changing. We need to continue to perform high quality research to assure that we can not only continue to offer appropriate treatments to our patients but also to protect the treatment we currently perform. There is also so much room for advances in understanding complex pain. We need to promote our specialty to assure that clinicians have the desire to offer comprehensive care to patients in order to have the best outcomes.

**3. Why would you like to serve on the AAPM Board of Directors? (30-50 word limit)**

I am currently completing my first term on the AAPM BOD. IT has been a valuable experience and I would like to continue. Many changes are occurring in our field and it is important that societies lead efforts to be able to protect our field while maintaining the true multidisciplinary roots of our specialty. Furthermore, AAPM has a unique focus on education. Having served in leadership roles in pain fellowship education, this is very important to my core goals. Providing the best possible education we can to trainees as well as practicing clinicians to enable them to provide high quality care to their patients.

## Qualifications to Serve on the AAPM Board of Directors

**1. How has AAPM Membership brought value to your career?**

AAPM membership is very valuable. I have made life long connections with friends and colleagues that have enabled me to produce numerous multi-institutional projects. Additionally, serving as the program chair in the annual meeting has been particularly rewarding. Shaping education is a passion and thus having had the chance to do so was truly a top career experience. There is so much that AAPM has to offer. I have learned so much that i have also been able to take back to my practice to enhance the care of my patients. I have had the opportunity to meet mentees and help guide them in their future careers.

**2. List significant leadership commitment and involvement within the field of Pain Medicine.**

| Organization                    | Type                         | Leadership Position   | Duration     |
|---------------------------------|------------------------------|---|--------------|
| ASRA Pain Medicine              | Pain Society                 | BOD   | 2023-present |
| Purpose Network Heal Initiative | Research Collaboration       | BOD   | 2023-present |
| APPD                            | Fellowship directors society | BOD-past president  | present      |
| SAAAPM-SPD                      | academic anesthesia society  | president elect   | 2023-2024    |
| AAPM                            | Pain Medicine society        | BOD   | 2022-present |
| Pain Medicine                   | Journal                      | section editor  | 2022-present |
| Pain Reports                    | Journal                      | section editor  | 2024-present |
| ASA                             | Anesthesia society           | committee member pain medicine committee and education subcommittee | 2021-present |
| ASRA Pain Medicine              | Pain Society                 | membership committee chair  | 2020-2024    |
| NANS                            | Neuromodulation society      | newsletter committee member   | 2023-present |

**3. After reviewing the AAPM Strategic Plan, what abilities and attributes will you bring to the Board of Directors' strategic deliberations?**

I have served one term on the AAPM BOD and thus have internal knowledge of our current projects and initiatives. Furthermore, I have extensive leadership experience within the field that I can draw upon to help advance the missions of the society.

**4. Describe one transformational/defining experience in your professional life you have been involved with and what you learned from the experience.**

Serving as the chair of the ad hoc multi-society group on SUD has been transformational in numerous ways. I gained valuable experience in guideline development, administrative processes of working with multiple societies, engaging in ongoing works with talented colleagues, and hopefully changing the true care of patients while perhaps saving patients lives in the process.

**5. Is there anything else you would like the AAPM Nominating Committee to know about you**

**that has not been stated previously?**

It would be an honor to continue to work with such a talented group of colleagues.

I hereby give permission to the AAPM Nominating Committee to contact me, print my Candidate Nomination Profile and Statement, and consider me for nomination to the AAPM Board of Directors on the official AAPM 2025-2026 Election Ballot.

By signing below, I confirm that I have read the AAPM Board of Directors expectations and duties on the 2025 Call for Board Nominations page on [painmed.org](http://painmed.org).

**Signature**

A handwritten signature in black ink, consisting of a series of connected loops and a long horizontal stroke at the end.