

the AMERICAN ACADEMY *of* PAIN MEDICINE

ESSENTIAL TOOLS FOR TREATING
THE PATIENT IN PAIN™

WHAT YOU NEED TO KNOW AT THE
FRONT LINE OF PAIN MEDICINE

ESSENTIALS OF
PAIN MEDICINE **DC**
The emerging science and practice of pain medicine

Qualifies for **12 Hours** of CME Credit

MARCH 18–19, 2015

GAYLORD NATIONAL RESORT & CONVENTION CENTER
NATIONAL HARBOR, MD



WWW.PAINMED.ORG

GENERAL INFORMATION

HOTEL INFORMATION

Gaylord National Resort & Convention Center

201 Waterfront Street

National Harbor, MD

301.965.4000, Fax 301.965.4098

Rate: \$234 (single/double), daily resort fee of \$18

Cutoff: February 16, 2015

DEPOSITS AND REFUNDS

A nonrefundable deposit of 1 night plus tax per room is required at the time of reservation.

COMBINE WITH REGISTRATION FOR THE ANNUAL MEETING AND SAVE!

Special rates are available for Essentials attendees who combine registration for the Annual Meeting with this program. See www.painmed.org for details.



“The presentations were appropriate and the handout was excellent and full of information related to my career and practice.”

—Physician Participant from 2014



FOR MORE INFORMATION,

please visit www.painmed.org or call 847.375.4731.

GENERAL INFORMATION



PROGRAM HIGHLIGHTS

- An integrated approach to the management of pain
- Expert faculty of pain specialists and primary care physicians
- 12 hours of continuing medical education (CME) credit in pain medicine

Essential Tools for Treating the Patient in Pain™ is designed for clinicians interested in obtaining an overview of the fundamentals of pain medicine and learning practical approaches for the treatment of common pain disorders. The course offers clinically focused lectures on the assessment, diagnosis, and treatment of patients with various acute, cancer, end-of-life, and chronic pain syndromes.

EDUCATIONAL OBJECTIVES

After attending the program, participants should be better able to

- evaluate patients in pain with a focus on anatomy, physiology, psychiatry, and pathology
- understand the neurophysiology of pain transmission
- assess, appraise, and interpret medically unexplained physical symptoms to develop an appropriate treatment plan
- describe pharmacological, interventional, rehabilitation, and advanced techniques for the treatment of chronic nonmalignant pain, cancer pain, and daily headache
- perform and interpret physical exam maneuvers to establish a differential diagnosis for potential causes of neck, lower back, shoulder, and hip pain
- identify the various screening tools and patient communication techniques available to physicians who encounter high-risk patients
- improve quality of and access to pain care to meet the needs and demands of the escalating pain populations
- articulate strategies for managing the patient with the dual diagnosis of pain and addiction
- understand the evidence both in favor of and against the use of marijuana as an analgesic
- describe the emerging policies and regulations surrounding pain medicine
- advance the knowledge surrounding the legal issues of pain management.

CONTINUING EDUCATION CREDIT

The American Academy of Pain Medicine (AAPM) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to sponsor continuing medical education (CME) for physicians. AAPM designates this educational activity for up to 12 *AMA PRA Category 1 credits*™.

American Academy of Family Physicians (AAFP)

This live activity, Essential Tools for Treating the Patient in Pain™: What Every Primary Care and Pain Specialist Needs to Know, with a beginning date of 03/18/15, has been reviewed and is acceptable for up to 11.75 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ACCME's Accreditation with Commendation Awarded to AAPM's Education

AAPM was resurveyed by the ACCME and awarded Accreditation with Commendation as a provider of CME for physicians for a term of 6 years through November 30, 2017. The 6-year accreditation is the highest accreditation awarded by the ACCME.



NOT A MEMBER?

Significant savings with special **“Join & Register”** rates.

New membership documentation is required prior to the meeting.

PROGRAM SCHEDULE

AAPM 2015 ESSENTIAL TOOLS FOR TREATING THE PATIENT IN PAIN™:

DAY 1

WEDNESDAY, MARCH 18, 7:15 AM–5:30 PM

MODERATORS

*Farshad M. Ahadian, MD; Gagan Mahajan, MD
Essentials Program Co-Chairs*

7:15–7:25 am

Welcome

Farshad M. Ahadian, MD; Gagan Mahajan, MD

7:25–8 am

The Difficult Pain Patient: Barriers to Success

Farshad M. Ahadian, MD

8–8:35 am

The Anatomy of Ouch!

R. Norman Harden, MD

8:35–9:10 am

Understanding and Treating Neuropathic Pain

Sean Mackey, MD PhD

9:10–9:20 am

Question-and-Answer Panel Discussion

*Farshad M. Ahadian, MD; R. Norman Harden, MD MPH;
Sean Mackey, MD PhD*

9:20–9:35 am

Break

9:35–10:10 am

Overview of Non-Opioid Pain Pharmacology

Steven H. Richeimer, MD

10:10–10:45 am

Headache: Evaluation, Examination, and Treatment

Charles E. Argoff, MD

10:45–11:20 am

Quick Approach to the Pain Psychiatric Interview

Robert M. McCarron, DO

11:20–11:30 am

Question-and-Answer Panel Discussion

*Charles E. Argoff, MD; Robert M. McCarron, DO;
Steven H. Richeimer, MD*

11:30 am–1:15 pm

Lunch

1:15–1:50 pm

Fibromyalgia: Discrete Disease, Tip of the Iceberg, or Rubbish?

Daniel J. Clauw, MD

1:50–2:25 pm

Medically Unexplained Physical Symptoms: What to Do?

Robert M. McCarron, DO

2:25–3 pm

Shoulder and Hip Pain: Assessment and Physical Exam

Franz J. Macedo, DO

3–3:15 pm

Question-and-Answer Panel Discussion

*Daniel J. Clauw, MD; Franz J. Macedo, DO;
Robert M. McCarron, DO*

3:15–3:30 pm

Break

3:30–4:05 pm

Cervical and Lumbar Spine Pain: Assessment and Physical Exam

Franz J. Macedo, DO

4:05–4:40 pm

Therapeutic Exercise as a Prescription for Chronic Pain: Does It Work?

Steven P. Stanos Jr., DO

4:40–5:15 pm

Interventional Therapies for Spine Pain

Gagan Mahajan, MD

5:15–5:30 pm

Question-and-Answer Panel Discussion

*Franz J. Macedo, DO; Gagan Mahajan, MD;
Steven P. Stanos Jr., DO*

WWW.PAINMED.ORG

Visit AAPM's website for the most up-to-date schedule and speaker information.

WHAT EVERY PRIMARY CARE AND PAIN SPECIALIST NEEDS TO KNOW

DAY 2

THURSDAY, MARCH 19, 7:30–11:45 AM

MODERATORS

*Farshad M. Ahadian, MD; Gagan Mahajan, MD
Essentials Program Co-Chairs*

7:30–8:10 am

Cancer Pain and Palliative Care

Scott M. Fishman, MD

8:10–8:45 am

Chronic Abdominal and Pelvic Pain: Diagnosis and Treatment

Carter Jones, MD PhD

8:45–9:20 am

Medical Acupuncture and Chronic Pain

Farshad M. Ahadian, MD

9:20–9:30 am

Question-and-Answer Panel Discussion

*Farshad M. Ahadian, MD; Scott M. Fishman, MD;
Carter Jones, MD PhD*

9:30–9:45 am

Break

9:45–10:25 am

Medical Marijuana: Review of Current Evidence

Amol Patwardhan, MD

10:25–11 am

Strategies for Managing Chronic Pain in the Patient with Addiction

Steven H. Richeimer, MD

11–11:35 am

Pain Medicine: Emerging Policy and Regulation

Scott M. Fishman, MD

11:35–11:45 am

Question-and-Answer Panel Discussion

*Scott M. Fishman, MD; Amol Patwardhan, MD;
Steven H. Richeimer, MD*

NEW! SAFE Opioid Prescribing

Following Essentials, stay for this free course. This activity is fully compliant with the ER/LA Opioid Analgesics REMS education requirements issued by the U.S. Food & Drug Administration. **Separate registration required.** To register, visit www.painmed.org.

1:15–4:45 PM

MODULES

**Evaluation Is Essential for Safe and
Effective Pain Management Using ER/LA
Opioids** (45 min)

**Best Practices for How to Start Therapy
with ER/LA Opioids, How to Stop, and
What to Do in Between** (30 min)

**Evidence-Based Tools for Screening
Patients at Risk and Monitoring for
Adherence to Prescribed ER/LA Opioids**
(30 min)

**Talk to Me: Proven Methods to Counsel
Your Patients on ER/LA Opioids and
Achieve Positive Outcomes** (30 min)

**Everything You Always Wanted to Know
About ER/LA Opioids as a Drug Class**
(30 min)

**Getting the Most Clinical Insights from
Specific ER/LA Product Information
Sources** (45 min, including Q&A)

FACULTY

Charles E. Argoff, MD; Gagan Mahajan, MD; Steven P. Stanos Jr., DO

This educational activity is supported by an independent educational grant from the ER/LA Opioid Analgesic REMS Program Companies (RPC). This activity is fully compliant with the ER/LA Opioid Analgesics REMS education requirements issued by the U.S. Food & Drug Administration (FDA). The SAFE Opioid Prescribing curriculum is developed and is the property of Pri-Med, American College of Physicians, and Miller Medical Communications. This activity is sponsored by pmiCME, which is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

pmiCME designates this live activity for a maximum of 3.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity. In addition, pmiCME is approved as a provider of nurse practitioner continuing education by the American Association of Nurse Practitioners (AANP). The AANP provider number is 040308. This program has been approved for 3.5 contact hours of continuing education.

A certificate of completion for the REMS Course will also be provided to attendees by pmiCME.

For more information, please visit www.painmed.org or call 847.375.4731.

PROGRAM CO-CHAIRS AND FACULTY

PROGRAM CO-CHAIRS AND PLANNING COMMITTEE



**Farshad M. Ahadian, MD—
Essentials Program Co-Chair**
Clinical Professor, Anesthesiology
Medical Director, Center for Pain
Medicine
University of California—San Diego
*Boston Scientific, Pfizer, SI-Bone (research
support—principal investigator)*



**Gagan Mahajan, MD—
Essentials Program Co-Chair**
Medical Director, Division of Pain
Medicine
University of California—Davis
No relevant financial relationships

Bill H. McCarberg, MD
AAFP Representative

*Biospecifics Technologies, Galena, Johnson & Johnson, Nektar Therapeutics,
Protein Design Labs (stockholder); Collegium, Depomed, Inspiron, Iroko, Janssen,
Mallinckrodt, Millenium, Pfizer, Salix, Takeda, Zogenix (honorary—advisor)*

Philip A. Saigh Jr.
AAPM Executive Director
No relevant financial relationships

Jennifer Westlund
AAPM Director of Education
No relevant financial relationships

Mary O'Keefe
AAPM Education Manager
No relevant financial relationships

PROGRAM FACULTY AND DISCLOSURES

For the most complete list of program faculty, visit www.painmed.org.

Farshad M. Ahadian, MD—Essential Tools Co-Chair

Clinical Professor, Anesthesiology
Center for Pain Medicine
University of California—San Diego
*Boston Scientific, Vertiflex (research grant to my institution—principal
investigator)*

Gagan Mahajan, MD—Essential Tools Co-Chair

Professor, Anesthesiology and Pain Medicine
University of California—Davis
No relevant financial relationships

Charles E. Argoff, MD

Director, Comprehensive Pain Center
Albany Medical College
*Allergan, Mallinckrodt (honorary—Speaker's Bureau); Daiichi Sankyo,
Nektar Therapeutics, Purdue Pharma, Reccro, Teva (honorary—
consultant); Depomed, Iroko, Xenoport (honorary—consultant,
Speaker's Bureau); Eli Lilly, Endo Pharmaceuticals, Forest Labs (research
grant to my institution—principal investigator); Janssen, Pfizer
(honorary—consultant, stockholder)*

Daniel J. Clauw, MD

Director, Chronic Pain and Fatigue Research Center
University of Michigan Health System
*Ceraphex, Johnson & Johnson, Lilly Corp, Merck, Tonix, Pfizer, Purdue
University, Theravance (honorary—consultant); Forest, Nuvo (CE-
educational grant—consultant)*

Scott M. Fishman, MD

Charles and Patricia Fullerton Endowed Chair, Pain Medicine
Professor, Anesthesiology
Chief, Pain Medicine
Executive Vice Chair, Division of Pain Medicine
Department of Anesthesiology and Pain Medicine
University of California—Davis
Author/editor/book royalties; Speaker on CME conferences/Honorary

R. Norman Harden, MD

Medical Director
Center for Pain Studies
Rehabilitation Institute of Chicago
*Forest, Mallinckrodt (research grant to his institution/principal
investigator)*

Carter Jones, MD PhD

Assistant Professor, Anesthesiology
University of California—San Diego
*Jazz Pharmaceuticals (honorary—advisory board) (research grant to
my institution—principal investigator)*

Franz J. Macedo, DO

Medical Director
Comprehensive Pain Center
Minneapolis Veterans Affairs Health Care System
No relevant financial relationships

Sean Mackey, MD PhD

Redlich Professor, Pain Medicine
Departments of Anesthesiology, Perioperative, and Pain
Medicine | Neurosciences | Neurology (by courtesy)
Chief, Division of Pain Medicine
Director, Stanford Systems Neuroscience and Pain Lab (SNAPL)
Stanford University School of Medicine
No relevant financial relationships

Robert M. McCarron, DO

Director, Pain Psychiatry
University of California—Davis
No relevant financial relationships

Amol Patwardhan, MD PhD

Assistant Professor, Anesthesiology
University of Arizona
No relevant financial relationships

Steven Richeimer, MD

Chief, Division of Pain Medicine
University of Southern California
No relevant financial relationships

Steven P. Stanos Jr., DO

Medical Director, Occupational Medical Services
Occupational Medical Services
Swedish Spine, Sports, & Musculoskeletal Medicine
*Mallinckrodt, Pfizer, Zogenix (honorary—advisory board); MyMatrixx
(honorary—consultant)*

REGISTER TODAY!

www.painmed.org

GET THE ESSENTIALS

TOPICS INCLUDE

- Abdominal and Pelvic Pain
- Anatomy of Pain
- Cancer Pain and Palliative Care
- Cervical and Lumbar Spine Pain
- Difficult Pain Patients
- Therapeutic Exercise as a RX for Chronic Pain
- Pain Medicine: Emerging Policy and Regulation
- Fibromyalgia
- Headaches
- Interventional Therapies for Spine Pain
- Medical Marijuana: Current Evidence
- Medical Acupuncture and Chronic Pain
- Medically Unexplained Physical Symptoms
- Neuropathic Pain
- Non-Opioid Pain Pharmacology
- Pain Psychiatric Interview
- Patients with Addiction and Pain
- Shoulder and Hip Pain
- And More!

WHO SHOULD ATTEND

Physicians or healthcare providers seeking to increase their knowledge and application of pain medicine or to refresh their understanding of the growing field of pain medicine will benefit from attending. No prior preparation is required to attend. Pre- and post-program surveys will be conducted.

Those who will benefit include

- Internists
- Family Practitioners
- Primary Care Practitioners
- Gynecologists
- Emergency Care Specialists
- Rheumatologists
- Ophthalmologists
- Registered Nurses
- Nurse Practitioners
- Psychologists
- Physical Therapists
- Occupational Therapists
- Pharmacists
- Physician Assistants
- Others

EXPECTED OUTCOMES

As a result of this CME activity, attendees will improve their abilities to assess, diagnose, and treat common pain disorders. Participants will conclude this program with an improved

- delivery of patient-centered pain care
- demonstration of medical knowledge, competency, and performance of quality pain care
- demonstration of a commitment to carrying out professional responsibilities related to access to quality pain care, regulatory standards, and sensitivity to diverse pain patient populations.

DISCLOSURE

It is the policy of AAPM to plan and implement educational activities in accordance with ACCME's Essential Areas and Elements to ensure balance, independence, objectivity, and scientific rigor. As an ACCME-accredited provider, AAPM is eligible to receive commercial support from commercial interests but cannot receive guidance, either nuanced or direct, on the content of the activity or on who should deliver the content.

All program faculty and planners are required to disclose all financial relationships they may have or have had within the last 12 months with commercial interests whose products or services are related to the subject matter of the presentation. Any real or apparent conflicts of interest must be resolved prior to the presentation. (Planning committee disclosures are listed at www.painmed.org/annualmeeting. All confirmed faculty disclosure information is available to attendees on the AAPM Annual Meeting website and in the program book.) Faculty also will be expected to disclose this information to the audience both verbally and in print (slide presentation) at the beginning of each presentation.

Faculty members are also required to inform program participants if any unlabeled uses of products regulated by the U.S. Food and Drug Administration will be discussed.

VISIT WWW.PAINMED.ORG

for the most up-to-date schedule and speaker information.

the AMERICAN ACADEMY of PAIN MEDICINE
ESSENTIALS OF PAIN, DC

Get the information you need at the front line of pain medicine. Don't miss this world-class program put on by the leading physicians in pain medicine.

Learn from the Essentials of Pain's most demanded sessions:

- Pharmacology—Non-Opioids
- Cervical and Lumbosacral Spine Pain: Assessment and Physical Exam
- Shoulder and Hip Pain: Assessment and Physical Exam
- Quick Approach to the Pain Psychiatric Interview
- Interventional Therapies for Spine Pain
- Therapeutic Exercise as a RX for Chronic Pain
- Fibromyalgia

www.painmed.org

Need help registering?

Call 847.375.4731 for assistance.

Not a member?

Significant savings with special "Join & Register" rates.*

**All new membership documentation is required prior to meeting.*



8735 W. Higgins Road, Suite 300
Chicago, IL 60631
847.375.4731

www.painmed.org

Disclaimer

AAPM reserves the right to substitute faculty or to cancel or reschedule sessions because of low enrollment or other unforeseen circumstances. If AAPM must cancel the meeting, registrants will receive a full credit or refund, minus a processing fee of \$25. AAPM is not liable for any other loss, cost or expense, however caused, incurred, or arising from cancellation.