

*the* AMERICAN ACADEMY *of* PAIN MEDICINE

ESSENTIAL TOOLS FOR TREATING  
THE PATIENT IN PAIN™

WHAT YOU NEED TO KNOW AT THE  
FRONT LINE OF PAIN MEDICINE

ESSENTIALS OF PAIN

*Phoenix*



PHOENIX CONVENTION CENTER

PHOENIX, AZ • MARCH 5-6, 2014

QUALIFIES FOR **16 HOURS** OF CME CREDIT

[www.painmed.org](http://www.painmed.org)

# GENERAL INFORMATION



## PROGRAM HIGHLIGHTS

- An integrated approach to the management of pain
- Expert faculty of pain specialists and primary care physicians
- 16 hours of continuing medical education (CME) credit in pain medicine

Essential Tools for Treating the Patient in Pain™ is designed for clinicians interested in obtaining an overview of the fundamentals of pain medicine and learning practical approaches for the treatment of common pain disorders. The course offers clinically focused lectures on the assessment, diagnosis, and treatment of patients with various acute, cancer, end-of-life, and chronic pain syndromes.

## EDUCATIONAL OBJECTIVES

After attending the program, participants should be better able to

- evaluate the patient in pain with a focus on anatomy, physiology, psychiatry, and pathology
- understand the neurophysiology of pain transmission
- assess, appraise, and interpret medically unexplained physical symptoms to develop an appropriate treatment plan
- describe pharmacological, interventional, rehabilitative, and advanced techniques for the treatment of chronic pain
- implement evidence-based protocols for appropriate opioid-prescribing practices
- articulate the distinction between drug misuse, dependence, and addiction, and identify the clinical signs of chronic nonmalignant pain
- assess and manage complications in pain medicine related to opioids, NSAIDs, acetyl-para-aminophenol (APAP), and injection-based therapies
- determine appropriate treatment for acute pain in the patient with chronic pain
- identify the various screening tools and patient communication techniques available to physicians who encounter high-risk patients
- improve quality of and access to pain care to meet the needs and demands of the increasing pain populations.

## CONTINUING EDUCATION CREDIT

The American Academy of Pain Medicine (AAPM) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to sponsor continuing medical education (CME) for physicians. AAPM designates this educational activity for up to 16 *AMA PRA Category 1 credits*®.

This live activity, Essential Tools for Treating the Patient in Pain: What Every Primary Care and Pain Specialist Needs to Know, beginning 3/5/2014, has been reviewed and is accepted for up to 16 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should only claim credit commensurate with the extent of their participation in the activity.

### **ACCME's Accreditation with Commendation Awarded to AAPM's Education**

AAPM was resurveyed by the ACCME and awarded Accreditation with Commendation as a provider of CME for physicians for a term of 6 years through November 30, 2017. The 6-year accreditation is the highest accreditation awarded by the ACCME.



## NOT A MEMBER?

**Save up to \$275 with special "Join & Register" rates.**

New membership documentation is required prior to the meeting.

# PROGRAM SCHEDULE

## AAPM 2014 ESSENTIAL TOOLS FOR TREATING THE PATIENT IN PAIN™: DAY 1

WEDNESDAY, MARCH 5, 7:15 AM–5:30 PM

### MODERATORS

*Farshad M. Ahadian, MD; Gagan Mahajan, MD—Essentials Program Co-Chairs*

**7:15–7:30 am**

#### Welcome

*Farshad M. Ahadian, MD; Gagan Mahajan, MD—Essentials Program Co-Chairs*

**7:30–8:05 am**

#### The Difficult Pain Patient: Barriers to Success

*Farshad M. Ahadian, MD—Essentials Program Co-Chair*

**8:05–8:35 am**

#### The Brain in Pain

*Michael H. Moskowitz, MD MPH*

**8:35–9:15 am**

#### Understanding and Treating Neuropathic Pain

*Sean Mackey, MD PhD*

**9:15–9:30 am**

#### Question-and-Answer Panel Discussion

*Farshad M. Ahadian, MD—Essentials Program Co-Chair; Sean Mackey, MD PhD; Michael H. Moskowitz, MD MPH*

**9:30–9:45 am**

#### Break

**9:45–10:15 am**

#### Top 10 Strategies for Success with Chronic Opioid Therapy

*Farshad M. Ahadian, MD—Essentials Program Co-Chair*

**10:15–10:50 am**

#### The Role of Urine Drug Testing, Opioid Consent, and Agreement in Chronic Opioid Therapy

*Gagan Mahajan, MD—Essentials Program Co-Chair*

**10:50–11:25 am**

#### Guide to Aberrant Drug Behavior

*Lynn R. Webster, MD*

**11:25–11:40 am**

#### Question-and-Answer Panel Discussion

*Farshad M. Ahadian, MD; Gagan Mahajan, MD—Essentials Program Co-Chairs; Lynn R. Webster, MD*

**11:40 am–1:15 pm**

#### Lunch

**1:15–1:50 pm**

#### Quick Approach to the Pain Psychiatric Interview

*Robert M. McCarron, DO*

**1:50–2:25 pm**

#### Strategies for Managing the Patient with Addiction and Pain

*Paul J. Christo, MD MBA*

**2:25–3:05 pm**

#### Treating Acute Pain in the Patient with Chronic Pain

*Daniel B. Carr, MD*

**3:05–3:20 pm**

#### Question-and-Answer Panel Discussion

*Daniel B. Carr, MD; Paul J. Christo, MD MBA; Robert M. McCarron, DO*

**3:20–3:35 pm**

#### Break

**3:35–4:15 pm**

#### Headache: Evaluation, Examination, and Treatment

*Zahid H. Bajwa, MD*

**4:15–4:45 pm**

#### Pain Management in Older Adults: How Should It Differ?

*Debra K. Weiner, MD*

**4:45–5:15 pm**

#### Abdominal and Pelvic Pain

*Carter Jones, MD PhD*

**5:15–5:30 pm**

#### Question-and-Answer Panel Discussion

*Carter Jones, MD PhD; Debra K. Weiner, MD*

# REGISTER TODAY!

Register online by **January 13, 2014**, to receive early-bird discounts.

# WHAT EVERY PRIMARY CARE AND PAIN SPECIALIST NEEDS TO KNOW

## DAY 2

THURSDAY, MARCH 6, 7:15 AM–5:30 PM

### MODERATORS

*Farshad M. Ahadian, MD; Gagan Mahajan, MD—Essentials Program Co-Chairs*

### 7:15–8 am

#### **Cervical and Lumbar Spine Pain: Assessment and Physical Exam**

*Steven P. Stanos Jr., DO*

### 8–8:45 am

#### **Shoulder and Hip Pain: Assessment and Physical Exam**

*Steven P. Stanos Jr., DO*

### 8:45–9:25 am

#### **Interventional Therapies for Spine Pain**

*Steven P. Cohen, MD*

### 9:25–9:40 am

#### **Question-and-Answer Panel Discussion**

*Steven P. Cohen, MD; Steven P. Stanos Jr., DO*

### 9:40–9:55 am

#### **Break**

### 9:55–10:35 am

#### **Advanced Techniques in Pain Medicine**

*Paul J. Christo, MD MBA*

### 10:35–11:15 am

#### **Complications in Pain Medicine: From Medications to Injections**

*Naileshni S. Singh, MD*

### 11:15–11:30 am

#### **Question-and-Answer Panel Discussion**

*Paul J. Christo, MD MBA; Naileshni S. Singh, MD*

### 11:30 am–1:15 pm

#### **Lunch**

### 1:15–1:55 pm

#### **Cancer Pain and Palliative Care**

*Larry C. Driver, MD*

### 1:55–2:30 pm

#### **Myofascial Pain Syndromes**

*Bill H. McCarberg, MD*

### 2:30–3:10 pm

#### **Medically Unexplained Physical Symptoms: What to Do?**

*Robert M. McCarron, DO*

### 3:10–3:25 pm

#### **Question-and-Answer Panel Discussion**

*Larry C. Driver, MD; Bill H. McCarberg, MD; Robert M. McCarron, DO*

### 3:25–3:40 pm

#### **Break**

### 3:40–4:15 pm

#### **Medical Acupuncture and Chronic Pain**

*Richard C. Niemtzow, MD PhD MPH*

### 4:15–4:50 pm

#### **Smoking and Chronic Pain**

*W. Michael Hooten, MD—Annual Meeting Co-Chair*

### 4:50–5:20 pm

#### **The Science Behind Marijuana as an Analgesic**

*Michael H. Moskowitz, MD MPH*

### 5:20–5:30 pm

#### **Question-and-Answer Panel Discussion**

*W. Michael Hooten, MD—Annual Meeting Co-Chair; Michael H. Moskowitz, MD MPH; Richard C. Niemtzow, MD PhD MPH*

### Disclosure

It is the policy of AAPM to plan and implement educational activities in accordance with ACCME's Essential Areas and Elements to ensure balance, independence, objectivity, and scientific rigor. As an ACCME-accredited provider, AAPM is eligible to receive commercial support from commercial interests but cannot receive guidance, either nuanced or direct, on the content of the activity or on who should deliver the content.

All program faculty and planners are required to disclose all financial relationships they may have or have had within the last 12 months with commercial interests whose products or services are related to the subject matter of the presentation. Any real or apparent conflicts of interest must be resolved prior to the presentation. (Planning committee disclosures are listed at [www.painmed.org/annualmeeting](http://www.painmed.org/annualmeeting). All confirmed faculty disclosure information is available to attendees on the AAPM Annual Meeting website and in the program book.) Faculty also will be expected to disclose this information to the audience both verbally and in print (slide presentation) at the beginning of each presentation.

Faculty members are also required to inform program participants if any unlabeled uses of products regulated by the U.S. Food and Drug Administration will be discussed.

# WWW.PAINMED.ORG

Visit AAPM's website for the most up-to-date schedule and speaker information.

# PROGRAM CO-CHAIRS AND FACULTY

## PROGRAM CO-CHAIRS AND PLANNING COMMITTEE



**Farshad M. Ahadian, MD—Essentials Program Co-Chair**  
Clinical Professor, Anesthesiology  
Medical Director, Center for Pain Medicine  
University of California—San Diego

*Boston Scientific, Pfizer, SI-Bone (research support—principal investigator)*

**Bill H. McCarberg, MD**

AAPF Representative

*Iroko, Pfizer, Salix, Teva Pharma, Zogenix (honorary—advisor)*

**Philip A. Saigh Jr.**

AAPM Executive Director

*No relevant financial relationships*

**Susie Flynn**

AAPM Director of Education

*No relevant financial relationships*

**Mary O'Keefe**

AAPM Education Manager

*No relevant financial relationships*



**Gagan Mahajan, MD—Essentials Program Co-Chair**

Medical Director, Division of Pain Medicine  
University of California—Davis

*No relevant financial relationships*

## PROGRAM FACULTY AND DISCLOSURES

For the most complete list of program faculty, visit [www.painmed.org](http://www.painmed.org).

**Farshad M. Ahadian, MD—Essentials Program Co-Chair**

Clinical Professor, Anesthesiology  
Medical Director, Center for Pain Medicine  
University of California—San Diego

*Boston Scientific, Pfizer, SI-Bone (research support—principal investigator)*

**Gagan Mahajan, MD—Essentials Program Co-Chair**

Medical Director, Division of Pain Medicine  
University of California—Davis

*No relevant financial relationships*

**Zahid H. Bajwa, MD**

Director, Boston Headache Institute  
Boston PainCare

*Allergan, Depomed, Merze (honorary—advisory board)*

**Daniel B. Carr, MD**

Program Director, Pain, Research Education  
& Policy  
Tufts University School of Medicine

*No relevant financial relationships*

**Paul J. Christo, MD MBA**

Blaustein Pain Treatment Center  
Johns Hopkins Medicine

*Aligiatry, LLC (funding—media work); Ameritox (honorary—scientific advisory committee); Medtronic (grant—research)*

**Steven P. Cohen, MD**

Director of Medical Education, Pain  
Management Division  
Director of Quality Assurance  
Johns Hopkins Hospital

*Depomed, Kimberly Clark (advisory board); NDI Medical (grant funding pending—research investigator)*

**Larry C. Driver, MD**

MD Anderson Cancer Center

*No relevant financial relationships*

**W. Michael Hooten, MD—Annual Meeting Co-Chair**

Director  
Transitional Research Unit for Chronic and  
Acute Pain  
Pain Rehabilitation Center  
Mayo Clinic

*No relevant financial relationships*

**Carter Jones, MD PhD**

Assistant Professor, Anesthesiology  
University of California—San Diego

*No relevant financial relationships*

**Sean Mackey, MD PhD**

Redlich Professor in Pain Medicine,  
Stanford University  
Chief, Pain Medicine Division  
Director, Stanford Systems Neuroscience  
and Pain

*No relevant financial relationships*

**Bill H. McCarberg, MD**

University of California—San Diego  
Neighborhood Healthcare

*Iroko, Pfizer, Salix, Teva Pharma, Zogenix (honorary—advisor)*

**Robert M. McCarron, DO**

Health Sciences Associate Clinical Professor  
University of California—Davis

*No relevant financial relationships*

**Michael H. Moskowitz, MD MPH**

Partner  
Bay Area Pain Medical Associates

*No relevant financial relationships*

**Richard C. Niemtow, MD PhD MPH**

CAM Consultant USAF Surgeon General/  
Director  
Director, USAF Acupuncture Center  
Malcolm Grow Medical Clinic, Joint Base  
Andrews Maryland

*No relevant financial relationships*

**Naileshni S. Singh, MD**

Assistant Professor  
Department of Anesthesiology and Pain  
Medicine  
University of California—Davis

*No relevant financial relationships*

**Steven P. Stanos, Jr., DO**

Director, Corporate Pain Services  
Rehabilitation Institute of Chicago

*Endo, MyMatrixx, Ortho McNeil/Janssen, Pfizer (honorary—consultant)*

**Lynn R. Webster, MD**

Medical Director  
CRILifetree

*BioDelivery Sciences International, Nevro Corporation, Theravance (honorary/expenses—consultant); CVS Caremark, Jazz Pharmaceuticals, Neura Therapeutik, Quintiles, Shionogi (honorary—consultant); AcelRx Pharmaceuticals, Boehringer Ingelheim, Collegium Pharmaceuticals, Medtronic, Nektar Therapeutics (honorary/expenses—advisory board); AstraZeneca, Mallinckrodt (honorary/expenses—consultant/advisory board); Orexo (expenses—investigator)*

**Debra K. Weiner, MD**

Program Director, Geriatric Medicine  
Fellowship  
University of Pittsburgh  
Staff Physician, VA Pittsburgh Geriatric  
Research, Education & Clinical Center

*No relevant financial relationships*

# GENERAL INFORMATION

## HOTEL INFORMATION

### Sheraton Phoenix Downtown Hotel

340 North 3rd Street  
Phoenix, AZ, 85004  
866.837.4213, fax 602.262.2501

Visit [www.painmed.org](http://www.painmed.org) for reservation details.

Rate: \$219 (single/double). This special rate will apply until the cutoff date or the room block is filled; at that point, other rates may apply.

Cutoff: January 27, 2014

## DEPOSITS AND REFUNDS

A non-refundable deposit of 1 night plus tax per room is required at the time of reservation.

## COMBINE WITH REGISTRATION FOR THE ANNUAL MEETING AND SAVE!

Special rates are available for Essentials attendees who combine registration for the Annual Meeting with this program. See [www.painmed.org](http://www.painmed.org) for details.



## FOR MORE INFORMATION,

please visit [www.painmed.org](http://www.painmed.org) or call 847.375.4731.

# GET THE ESSENTIALS

## TOPICS INCLUDE

- Abdominal and Pelvic Pain
- Aberrant Drug Behaviors
- Acute Pain in Patients with Chronic Pain
- Advanced Techniques
- The Brain in Pain
- Cancer-Related Pain and Palliative Care
- Complications: from Medications to Injections
- Cervical and Lumbar Spine Pain
- Difficult Pain Patients
- Headaches
- Interventional Therapies for Spine Pain
- Marijuana as an Analgesic
- Medical Acupuncture and Chronic Pain
- Medically Unexplained Physical Symptoms
- Myofascial Pain
- Neuropathic Pain
- Older Adult Pain
- Pain Psychiatric Interview
- Patients with Addiction and Pain
- Shoulder and Hip Pain
- Smoking and Chronic Pain
- Top 10 Strategies for Success with Chronic Opioid Therapy
- UDT, Opioid Consents, and Agreements
- And More!

## WHO SHOULD ATTEND

Physicians or healthcare providers seeking to increase their knowledge and application of pain medicine or to refresh their understanding of the growing field of pain medicine will benefit from attending. No prior preparation is required to attend. Pre- and postprogram surveys will be conducted. Those who will benefit include

- Internists
- Family Practitioners
- Primary Care Practitioners
- Gynecologists
- Emergency Care Specialists
- Rheumatologists
- Ophthalmologists
- Registered Nurses
- Nurse Practitioners
- Psychologists
- Physical Therapists
- Occupational Therapists
- Pharmacists
- Physician Assistants
- Others

## EXPECTED OUTCOMES

As a result of this CME activity, attendees will improve their abilities to assess, diagnose, and treat common pain disorders. Participants will conclude this program with an improved

- delivery of patient-centered pain care
- demonstration of medical knowledge, competency, and performance of quality pain care
- demonstration of a commitment to carrying out professional responsibilities related to access to quality pain care, regulatory standards, and sensitivity to diverse pain patient populations.



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**ESSENTIALS OF PAIN, PHOENIX**

**Get the information you need at the front line of pain medicine.** Don't miss this world-class program put on by the leading physicians in pain medicine.

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- Pharmacology—Opioids
- Pharmacology—Non-Opioids
- Opioid Prescribing Guidelines
- Cervical and Lumbosacral Spine Pain: Assessment and Physical Exam
- Shoulder and Hip Pain: Assessment and Physical Exam
- Quick Approach to the Pain Psychiatric Interview
- Interventional Therapies for Spine Pain

**[www.painmed.org](http://www.painmed.org)**

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*\*All new membership documentation is required prior to meeting.*



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